

Life Influences Create Challenges In Everyday Activities

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Abstract	Article Info
<p>Today, life creates many challenges for all and whilst these challenges can create great benefits, they can also create uncertainty and confusion to some. Humanity needs to support the creation of positive influences and therefore create a collective growth and benefits, whilst recognising differences.</p>	<p>Keywords: Influence, Positivity, Challenges, Understanding, Management, Differences</p>

INTRODUCTION

In today's changing world there are challenges that we all must deal with. All of us conduct research every day, in everything we do. Every time we look at something or read something, we are conducting research for aspects of our own life.

Humanity has always existed in "social herds" for many reasons including security, companionship and growth / development, but whilst we thrive in "herds", we can also exist as solitary individuals floating through our existence. "Solitary" time is often our way of refocussing our inner self and re-examining our understanding and beliefs. At times, we exist in both conditions simultaneously, "herd" and "Solitary". Some people are loners and seek to stay "out of the spotlight". Our existence is often measured by others as being a "hermit", a "loner", those who accept "mediocrity", "innovators" and "influencers". We will often assign aspirations to our dreams, our "someday / one day" space.

To feed our "spiritual dreams", we often refer to other forms of stimulus such as read books, or we explore the "net" to think that "one day, I could do that". For many of us, this is the pathway of our lives. A life spent dreaming but not inspired to achieve, just to remain a part of the "masses". Some of us find a figure (often due to a media presence) to look up to or idolise and say, "one day, I could be like that (but not today)". Due to our "pack mentality or herd", our norm is usually to remain one of the "pack", in the "mediocre masses". Here existence is fuelled by books, media and dreams.

Fortunately for some, often without any warning, a person enters our lives and becomes our cosmic / spiritual mentor. This person is often a simple, uncomplicated person who enters your personal sphere and slowly starts to open our eyes to what can be, or what we sometimes can become. An "inspirational spirit" that to most people is just an average person, but to the selected person, they become a "life mentor", "an inspiration to achieve", a "motivator", an "influencer".

While some would argue the myth that humans only use a percentage of their ultimate brain capacity, it is true that at times, we are more comfortable operating in our "known environment", our "comfort zone". When these special people enter our life, it is possible that they assist us in tapping into areas of our brain that may have been underutilised. Often these "spiritual inspirators" can have a very small effect on our lives at first. Sometimes they just become friends initially, potentially opening us up to great influence to come.

As mutual bonds develop, these people can, sometimes without any obvious influence, assist us to open our minds and explore our "someday / one day region".

For those involved with a creative lifestyle, the need to explore the "unknown", "underutilised" or unexplored areas of the mind is often a challenge that can lead to creation. For those associated with projects, this can be a inspirational time as it can allow for new or innovative solutions to be examined to deliver success or benefits. Influencers can be spiritual, as in religious, or they can be spiritual in regard to more cosmic influences. We sometimes recognise the religious influences, as their message is easier to understand, as it resonates known religious themes and understandings. The cosmic influencers can be those who expose us to more spiritual understandings involving our interaction with nature, cultures and other humans. These influencers can potentially be linked to religion but seem to be more rounded in their influence. In todays, challenging climate / environment times, it is increasingly opportune to meet a cosmic influencer.

For centuries, such people have roamed the world, gathering knowledge and passing this down to new generations of cosmic influencers. Some of the more obvious ones are shamans, futurists, and spiritualists. A review of history can often detect where average / normal people have been influenced to grow and develop skills and innovate. If your newfound friend is a cosmic influencer, then your "Normal" life can be transformed into a more positive supported open life, but only if we let them influence us in a positive / constructive manner. A cosmic influencer may not be a random connection. These people are often guided into our life and therefore, it's a form of selection. There are no huge fireworks or trumpets, its just a friendship that will be grow as they help us to explore our world and start to assist us to realise our potentials. They are often not seen as "deliverers"

but rather as “influencers” and therefore may be seen as one that seeks to mutually explore boundaries and knowledge. As explorers, they may be gathering new knowledge to increase their own understandings, but they are also “influencing” us to grow and mature spiritually. The use of mutual growth patterns can often increase the level of influence, whilst also helping us to open more and more of our dreams and “Dare to Dream”, as they say.

We can develop maturity and confidence through the actions of these influencers to allow us to remove portions of barriers to our “someday / one day” dreams and dare to place them into the “possible reality” section of our life. These people may not be our traditional partners but rather an extension to our inner spirit. These influencers can not only help us to develop our confidence to achieve but also our confidence as humans. The difference between these levels of confidence is that “confidence as humans” helps us to mature our inner spirit and allow us to better interact with others and to open up our “inner eye”, sometimes referred to as our “Third Eye”. This allows us to open up to nature and the cosmos to greater understand our place in the world as well as our interactions. The two types of confidence are linked but to achieve our potential both need to be developed.

As mentioned earlier, these cosmic influences (sometimes referred to as Earth Angels), have existed throughout humanity. These influencers have been assisting individuals explore their potential and are therefore part of the Human DNA. They have acquired knowledge and earnings from all aspects of life and passed these down through the ages to new generations of such influencers.

These people are also teaching us a valuable lesson that generally humanity has often forgotten. Our past dictates our present which lays the foundation of our future. By not observing our past, we are not learning from it and therefore we are developing for our future based on the combined lessons of our past.

When these people enter our life, they tend to awaken parts of our spirit and or memories that help us to explore our life options. As we awaken our spirit, the impact of our new influencers can grow as they are seen as supporting our ongoing growth.

They are our mentors, our cosmic / spiritual influencers and our support. Unfortunately, some of us don’t listen or don’t open themselves up to the benefits of being associated with such spiritual influences. Some people are fearful of the potential impact offered or they are sceptical resulting in the influence offered not being accepted or ignored. The need to remain safe is often too strong and they are not willing to rise above the “collective norm”. When our lives are subject to an “Influencers or motivator”, it is important that we listen carefully to the messages because if the good intentions are misunderstood, it can lead to problems or even catastrophes. There are examples of this misunderstanding scattered through history.

The influences and inspirations mentioned earlier can be productive and positive, but to some the challenges can be harmful and negative. To some, the idea of expanding their knowledge or understanding can result in unsettling and negative feelings. To some, the need to expand and challenge can also lead to unsettling and disruptive behaviour that they may have difficulty addressing. Each person is an individual and must be treated as such. Each person has their own limits and their own ability to grow. The challenge is to understand how each person becomes part of a collective or community and how that community can grow and flourish through the input of the individuals.

Today, collectively, we need to support each other and to broaden our goals and understand our position within humanity and the wider universe (including our natural environment). Together we have incredible potential for positive growth and address the issues confronting humanity today. Together we can individually and collectively address issues, but each person needs to look back and make sure that others are not “left behind”. Humanity has been shown how to have tolerance and understanding, whilst supporting each other. The tools to support are all around us in nature. Nature is the perfect example of extremes, differences, similarities and collectives working together to produce amazing results.

There are “Earth Angels”, “Cosmic / Spiritual Influencers”, friends and associates that we can all benefit from. As a “herd”, we (Humanity) can work together, support each other, influence each other and most importantly, learn from our ancestors and our surroundings now.

A supportive “Cosmic Influencer” can be a huge benefit in your life, as they have been in people’s lives over the past centuries. We, as humanity, are not intended to be content with the “Mediocre of normally”. Collectively, let’s remain open to positive influences in our life and “strive to excel”.

Whilst “Every book is a dream in your hand”, “Every life is full of dreams waiting to be explored” and “Every life has the potential to create great things” – if we open up and let the positive improvement / growth happen. If we are honest, many of us have had a cosmic / spiritual influencer or mentor affect aspects of our lives. If we understand that “greatness” and “great things” to be achieved as subjective and can mean different things to different people. Our success collectively is made up of the sum of each part and how we collectively work together and accept differences.

The motto for our lives needs to be that “all lives matter” and “all environments matter”. This motto can only be achieved if we collectively explore the life options that we have the potential to access. All your dreams to be moved to the “possible reality” parts of our lives and achieve positive things to benefit your life.